



FAMILY PROGRAM

Family matters at Casa Serena

Join us every Sunday and let our expert team of clinicians support you through the treatment process. We welcome all family members as well as anyone considered part of your family support system. All groups and activities take place in the Garden Group Room and our beautiful Serenity Garden!

1515 Bath St. Santa Barbara, CA

ITINERARY

Alumni Process Group

10:30am to 12:00pm

We recognize alumni as having an impactful presence for new clients. This process group welcomes our alumni from near and far to join our current clients and offer them experience, strength and hope.

Family Psychoeducation Group

11:00am to 12:00pm

As a family member, nothing can feel more powerless than watching your loved one spiral downward in the disease of addiction. This group welcomes family members of our current clients to join us in learning how you can acquire new skills in developing positive strategies for change.

Family Barbecue

12:00pm to 12:45pm

Break some bread with us! We welcome current clients, alumni, current client family members and alumni family members at our table.

Multi Family Process Group

1:00pm to 2:30pm

Do you ever wonder what your loved one's life would look like in recovery? This process group welcomes clients, alumni and family members to share their experiences and offer hope to those in recovery.

Individual Family Sessions

3:00pm to 5:00pm

These sessions are offered to current clients and current families in our program to engage participants with interventions that directly address the multi dimensional causes of an unhealthy family system.

Together, we can heal